# What's for Dinner?

**nov. 30 - dec. 5**

<table>
<thead>
<tr>
<th>Sunday:</th>
<th>Yogurt Marinated Chicken Breasts</th>
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<tbody>
<tr>
<td>Monday:</td>
<td>Hearty Turkey Chili</td>
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<tr>
<td>Tuesday:</td>
<td>Light Macaroni &amp; Cheese</td>
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<tr>
<td>Wednesday:</td>
<td>Turkey &amp; Veggie Meatballs</td>
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<tr>
<td>Thursday:</td>
<td>Crock Pot Tex Mex Chicken</td>
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<tr>
<td>Friday:</td>
<td>Night Out!</td>
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## Grocery List

**Meat, Poultry & Fish**
- Ground Turkey (2 lbs)
- Chicken Breasts (3 lbs)

**Dairy, Eggs, Cold Case**
- Chobani Plain Greek
- Shredded Sharp Cheddar
- Grated Parmesan
- Sour Cream
- Pantry Items
  - Garlic
  - Marinara Sauce
  - Diced Tomat. (2 14 oz cans)
  - Tomat. Paste (1 6 oz can)
  - Black Beans (2 14 oz. cans)
  - Pinto Beans (2 14 oz. cans)
  - Whole Wheat Elbow Pasta
  - Salsa
  - Chicken Broth

**Produce**
- Green Bell Pepper (1)
- Frozen Corn
- Cilantro (1 bunch)
- Lemon (1)
- Onions (2)