# What's for Dinner?

**dec. 14 – dec. 19**

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Italian Chicken Bake</th>
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<tbody>
<tr>
<td>Monday</td>
<td>BLTs</td>
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<tr>
<td>Tuesday</td>
<td>Tilapia w/ Roasted Corn</td>
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<tr>
<td>Wednesday</td>
<td>Turkey Meatballs w/ Spaghetti</td>
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<tr>
<td>Thursday</td>
<td>Skillet Orange Chicken w/ Rice</td>
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<tr>
<td>Friday</td>
<td>Night Out!</td>
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</tbody>
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## Grocery List

### Meat, Poultry & Fish
- (1 lb) Tilapia
- (2 lb) Chicken Breasts
- (1 lb) Ground Turkey

### Dairy, Eggs, Cold Case
- Shredded Mozzarella
- Turkey Bacon

### Produce
- Roma Tomatoes (3–4)
- Romaine Lettuce
- Green Onions (1 bundle)
- Frozen Corn
- Green Bell Pepper (1)

### Pantry Items
- Pesto
- Marinara Sauce
- Loaf of Bread
- Orange Juice Concentrate
- Mayonnaise
- Spaghetti Pasta
- Barbecue Sauce