What's for Dinner?

jan. 25 – jan. 30

sunday: Night Out!

monday: Roast Chicken w/ Brussel Sprouts

tuesday: Turkey Meatloaf

wednesday: Cauliflower Fritters w/ Garlic Aioli

thursday: Cashew Chicken (Take-out style)

friday: Skinny Chicken Enchiladas

grocery list

meat, poultry & fish
◦ Whole Roast Chicken
◦ 2 lb Ground Turkey
◦ 3 lb Chicken Breasts

dairy, eggs, cold case
◦ Eggs
◦ Salsa (1 jar)
◦ Bacon

produce
◦ Brussel Sprouts
◦ Batch of Cilantro
◦ 1 Cauliflower Head
◦ 2–3 Carrots

pantry items
◦ Rice
◦ 15 oz. Cashews
◦ 1 Garlic Head
◦ Soy Sauce